

Overall Finish List

Runners 8Km

| <u>Overall</u> | <u>Name</u> | <u>Bib No</u> | <u>Age</u> | <u>Gend</u> | <u>Time</u> |
|----------------|----------------------|---------------|------------|-------------|-------------|
| 1 | ROB HUDSON | 4799 | 49 | M | 34:41.62 |
| 2 | PAUL THERON | 4836 | 31 | M | 35:10.00 |
| 3 | MEGAN DE KLERK | 4626 | 16 | F | 35:37.60 |
| 4 | ANSIE BREYTENBACH | 4752 | 50 | F | 35:47.99 |
| 5 | RAINER LUDWIG | 4770 | 59 | M | 36:34.61 |
| 6 | WILLEM BOTHA | 4776 | 35 | M | 36:48.20 |
| 7 | MICHAEL SCHMID | 4918 | 23 | M | 37:20.21 |
| 8 | HENNIE VAN DER WALT | 4866 | 40 | M | 38:14.65 |
| 9 | NEELS GROBBELAAR | 4773 | 45 | M | 38:24.69 |
| 10 | JUSTIN WOOLVEN | 5016 | 30 | M | 39:29.75 |
| 11 | EMILE MYBURGH | 4990 | 39 | M | 40:27.96 |
| 12 | PIETER SAAYMAN | 4934 | 30 | M | 41:05.86 |
| 13 | JOY-ANN NICHOLL | 4823 | 38 | F | 41:44.45 |
| 14 | LANCE VAN DER MERWE | 4992 | 42 | M | 41:53.67 |
| 15 | MUSA NKOSI | 4999 | 41 | M | 41:54.56 |
| 16 | CANDICE VAN DER SPUY | 4772 | 30 | F | 42:10.46 |
| 17 | JAMES EAYRS | 4809 | 51 | M | 42:22.77 |
| 18 | LYDIA FIBIGER | 4927 | 42 | F | 42:28.70 |
| 19 | RIAAN PRINSLOO | 4627 | 46 | M | 42:47.11 |
| 20 | WILLIE MARAIS | 4761 | 42 | M | 43:05.19 |
| 21 | JOHANN VAN DER WALT | 4818 | 40 | M | 43:31.34 |
| 22 | FRANCOIS SWART | 4762 | 43 | M | 43:41.33 |
| 23 | JOHAN ENGELBRECHT | 4951 | 37 | M | 44:10.00 |
| 24 | HENNIE KEEN | 4777 | 62 | M | 44:35.79 |
| 25 | NOEL PASTOR | 4793 | 50 | M | 45:11.44 |
| 26 | NEL KOTZE | 4974 | 35 | M | 45:33.04 |
| 27 | STEPHANIE STEENKAMP | 4789 | 34 | F | 46:20.77 |
| 28 | MURRAY STEENKAMP | 4788 | 38 | M | 46:21.25 |
| 29 | KIRSTEN STRUGNELL | 4808 | 40 | F | 48:13.03 |
| 30 | JOHAN WASSERMANN | 5014 | 42 | M | 48:56.87 |
| 31 | TRAVERS SNYMAN | 4755 | 50 | M | 50:42.01 |
| 32 | KHANYISA STENGILE | 5017 | 31 | F | 57:05.26 |